



INTERNATIONAL SUMMER CAMP 2022 BERGAMO - ITALY

The Facility

Located in the beautiful setting of Bergamo and surrounded by a 4,500 square meters green area, IceLab has two ice rinks, several areas dedicated to the athletes, a 250 seats grandstands, three professional gyms, one restaurant and a shop where you can buy everything you need for the ice skating practice.

In our facility are training many world-class athletes including single skaters: Matteo Rizzo, Nikolaj Memola, Lucrezia Beccari, pair teams: Rebecca Ghilardi/Filippo Ambrosini, Sara Conti and Niccolo' Macii, and occasionally dance teams Charlène Guignard/Marco Fabbri

A Successful Program

Our summer figure skating camp is suitable for all levels of single skaters and pairs from beginners through advanced competitive levels. All on-ice classes will be taught by our professional certified staff and will be divided by skill level

During the classes there will be Italian and foreign coaches internationally renowned, qualified trainers, experienced dancers, choreographers and off ice coaches, all coordinated by Icelab sports director Franca Bianconi.



The typical week

650 euro per single skater

1200 euro per pair

- 2 technical sessions on ice for 5 days;
- 1 ballet or stretching session for 4 days;
- 1 physical training session for 5 days
- 1 skating skills/spins session for singles 5 days
- Off ice lifts spins and spirals for pairs for 5 days

Weeks in Icelab Bergamo 1

27/6-1/7

4/7-8/7

11/7-15/7

18/7-22/7

Weeks in the mountains

24/7-30/7

31/7-6/8

7/8-12/8

Weeks in icelab Bergamo 2

22/8-26/8

29/8-2/9

IceLab

Via San Bernardino, 141 - 24121 Bergamo (BG)
(competition ice-rink 60x30 m - training ice-rink 25x35 m)
info 035 0276047

Extra Activities

Analysis with ISU Technical Specialist in private lessons

Choreography and new program design

Extra private lessons on request

Music for programs and video editing

Skate shop with professional sharpening and skates maintenance

External coaches with students are welcome

Coffee shop - Meals are available in icerink from 8.00 am till 8.00 pm

Accommodation

San Sisto Hostel is located just 500 meters away from IceLab. The hostel offers many facilities including: wi-fi, air conditioning, elevator, luggage storage, bicycles and motorcycles parking lot, bike rental service and self-service breakfast from 07:30 to 09:00 a.m. . The hostel is located in Strada San Sisto Vecchio, 23, Colognola ai Colli Park - 2416 Bergamo (BG) at five minutes walking distance from Icelab Icerink. Lodging costs are not covered from Icelab camp. Tel. 035 321599 - info@sansistohostel.com

Reservation and payment

It is highly recommended to book the ice-skating week camps as soon possible, due to enrollment restrictions. You should send email to: **segreteriabergamo@ice-lab.it** indicating name of skater, age, category, club, desired week, home coach and possibly best score reached in season. Summer Camp prices are intended per week. The reservation, along with the 50% deposit, must be made no later than April 30th and the balance must be paid within the first day of classes. Overdue payments will result in a penalty of 10% on the deposit. Advanced payment is not refundable under any circumstances. Those who will participate in more than 3 weeks will benefit from a discount of 10% on the following weeks. Payment can be made via bank transfer (**IBAN IT84 I 05034 11121 000000044542**) or Credit Cards on site.