

ICELAB HIGH PERFORMANCE PROGRAM

Daily program features:

- 2 technical sessions on ice for 5 days
- 1 ballet or stretching session for 4 days
- 1 physical training session for 5 days
- 1 skating skills / spins session for singles for 5 days

The camp is suitable for all levels of single skaters from beginners through advanced competitive levels. All on-ice classes will be taught by our professional certified coaches and will be divided by skill level.

EXTRA ACTIVITIES

Private lessons
Choreography lessons
Music for programs and video editing
Skate shop with professional sharpening
External coaches with students are welcome
Coffee shop - Meals available at the ice rink from 08:00 am to 20.00 pm

RESERVATION

It is highly recommended to book as soon as possible due to enrollments restrictions. Send an email to segreteribergamo@ice-lab.it indicating name of the skater, age, category, club, desired week, home coach and best score of the season. External coaches with students are welcome

Please scan the QR code and fill in the form:



CONTACTS

Icelab "Center of Excellence"
Via San Bernardino 141
24126 Bergamo

+39 0350276047
segreteribergamo@ice-lab.it



SUMMER STAGE ICELAB 2024



Scan the QR code to access to our website

CITY CAMP - BERGAMO

from 05 to 09 of August
from 12 to 16 of August
from 19 to 23 of August



CAMP ASSAGO

From 01 to 05 of July

MADESIMO CAMP

from 08 to 12 of July
from 15 to 19 of July
from 22 to 26 of July
from 29 July to 02 August

€650 per week hotel excluded
€1.000 per week with hotel



COACHING TEAM

Angelina Turenko e Cristina Mauri
(supervisor).

Lucia Civardi, Simona Conte,
Monica Domenicali, Vanessa
Giunchi, Alissa Mikonsaari,
Francesca Ventura.

ACCOMODATION

Here is a list of hotels close to Icelab:

San Sisto Hostel

Via San Sisto 23
24126 Parco Colognola ai Colli - Bergamo
Phone: +39 035 321599
Website: <http://www.sansistohostel.com/>
(Walking distance)

Arlecchino

Via G. Carducci 59, Madesimo (SO)
23024 Madesimo
Phone: +39 0343 938030
prenotazioni@hotelarlecchinomadesimo.it

BSH

Via Per Motta 14, 23024 Madeismo
Phone: + 39 0343 53628
email: info@bosconesuitehotel.it

